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EDUCATION

Ph.D. Experimental Psychology (1987) **Adelphi University**, Garden City, NY

M.A. Experimental Psychology (1983) **Adelphi University**, Garden City, NY

B.A. Psychology (1980) **Pennsylvania State University**, University Park, PA

TEACHING EXPERIENCE

September 1994 – present	Associate Professor	Marywood University
August 1992-May 1994	Adjunct Professor	Villanova University
August 1992-May 1994	Adjunct Professor	Gwynedd-Mercy College
January 1991- December 1992	Visiting Assistant Professor	Lafayette College
September 1983-May 1986	Part-Time Faculty	Adelphi University

PROFESSIONAL PUBLICATIONS:

Campenni, C. E. (under review). Intolerance of uncertainty mediates the relationship between mindful acceptance and psychological distress during COVID-19.

Hartman, A. & Campenni, C. E. (2022). The effect of medium and instruction while creating mandalas. *Art Therapy, 39*(4), 203-210.

Campenni, C. E. & Hartman, A. (2019) The effect of completing mandalas on mood, anxiety, and state mindfulness, *Art Therapy, 37*(1), 25-33.

Richards, K. C., Campenni, C. E., & Muse-Burke, J. L. (2010). Self-care and well-being in mental health professionals: The mediating effects of self-awareness and mindfulness. *Journal of Mental Health Counseling, 32*, 247 – 264.

Campenni, C. E., Crawley, E. J., & Meier, M. E. (2004). Role of suggestion in odor-induced mood change. *Psychological Reports, 94*, 1127-1136.

Campenni, C. E. (1999). Gender stereotyping of children's toys: A comparison of parents and nonparents. *Sex Roles, 40*, 121 – 138.

WORKSHOPS

Campenni, C. E. (2018-19). Mindful Living and Mindful Teaching. Continuing education workshops presented at Wyoming Area School District.

Campenni, C. E. (2017-18). Mindful Living and Mindful Teaching. Continuing education workshops presented at Wyoming Area School District.

Campenni, C. E. (2017). Cultivating mindfulness in your daily life. Keynote speaker at the annual Pennsylvania Women's Leadership Caucus.

Campenni, C. E. (2017) Cultivating mindfulness in your daily life. Webinar presented at Geisinger Hospital.

Campenni, C. E. (2017) Cultivating mindfulness in your daily life. Workshop presented at Norristown Area School District.

Campenni, C. E. (2017). Showing yourself some mindful love. Workshop presented at Geisinger Hospital.

Campenni, C. E. (2017). Mindfulness in the classroom. Round table discussion presented at the annual meeting of the National Institute for the Teaching of Psychology.

Campenni, C. E. (2016-17). Mindful Living and Mindful Teaching. Continuing education workshops presented at Wyoming Area School District.

Campenni, C. E. (2016). Mindfulness and the Law of Attraction. Workshop presented at Home Barre Yoga

Campenni, C. E. (2016). Creating a more mindful community One moment at a time. Workshop presented at Home Barre Yoga.

Campenni, C. E. (2016). A more mindful you. Workshop presented at Home Barre Yoga

Campenni, C. E. (2011). Mindful living and mindful teaching. Continuing education presented at PSEA office in Wilkes Barre, PA

Campenni, C. E. (2010). Mindfulness and creativity. Presented to the general public at the West Pittston Library.

Campenni, C. E. (2009). A playful approach to everyday mindfulness: Stress reduction and self-care practices. Presented to Children and Youth Services workers at Tobyhanna Army Depot.

PROFESSIONAL PRESENTATIONS:

Mindfulness specific

Campenni, C. E. & Hartman, A. (2020). Effect of medium and instruction on state mindfulness, affect, and state anxiety while completing mandalas. Presented at the 2020 International Science of Consciousness Conference.

Campenni, C. E. (2019). The effect of completing mandalas on mood, anxiety, and state mindfulness. Presented in Washington, DC at the national conference for the Association of Psychological Science.

Campenni, C. E. (2017). Strategies for increasing mindfulness in the classroom. Presented in at National Institute for the Teaching of Psychology annual conference.

Campenni, C. E. (2009). Cultivating mindfulness through contemplative creativity. Presented in Tucson, AZ at the international conference Toward a Science of Consciousness.

Campenni, C. E. (2010). A mixed-method investigation of daily experiences of mindfulness. Presented in Washington, DC at the national conference for the Association of Psychological Science.

Campenni, C. E. (2010). The role of intentionality in the experience of mindfulness. Presented in Washington, DC at the international conference for the Society for the Study of Motivation.

Campenni, C. E. & Hall, L. (2008). Contemplative handwriting as an effective manipulation of attention components of mindfulness. Poster presented at the Inaugural Meeting of the Society for the Study of Motivation.

Campenni, C. E. & Preate, J. (2009). What is mindfulness? Qualitative assessment of real-life examples. Poster to be presented at the 2nd Annual Meeting of the Society for the Study of Motivation, May 25, 2009.

Campenni, C. E. & Preate, J. (2009). What is mindfulness? Qualitative assessment of real life examples. Poster to be presented at the 2^{1st} Annual Meeting of the Association for Psychological Science, May 23, 2009.

Richards, K. & Campenni, C. E. (2008). Mindfulness mediates relationship between therapist well being and perceived importance of self-care. Poster presented at the Inaugural Meeting of the Society for the Study of Motivation.

Richards, K., Campenni, C. E., & Muse-Burke, J. (2008). The relationship between self-care and well-being in mental health professionals: The mediating effect of mindfulness. Poster presented at the 40th Annual Convention of the Pennsylvania Counseling Association in State College on October 25 and 26, 2008.

Odor specific

Campenni, C. E., & Bubka, A. (1997). Is emotional potentiation unique to odor-associated memory? Presented at the 1997 Psychonomic Society Conference.

Campenni, C. E., Fox, J., & Bubka, A. (1997). When does mood facilitate odor dependent memory? Presented at the 1997 Eastern Psychological Association Conference.

Campenni, C. E., Marcin, T., & Bubka, A. (1996). The role of odor distinctiveness and mood in context dependent memory. Presented at the 67th Annual EPA Conference.

Meier, M., & Campenni, C. E. (2002). Emotion as a result of ambient odor exposure and forced expectation. Presented at the 73rd Annual EPA Conference

Other

Andrews, G., Crawley, E., & Campenni, C. E. (2003). The effects of stress, stress reduction, and multiple tasks on working memory performance. Presented at 2003 Eastern Psychological Conference.

Bilodeau, B., & Campenni, C. E. (1998). Young children's voluntary posing and recognition of facial expressions of emotions. Presented at the 1998 Eastern Psychological Association Conference.

Brombacher K. & Campenni, C. E. (1997). Increasing intake appointment adherence using a non-questioning and welcoming orientation packet. Presented at 1997 Eastern Psychological Association Conference.

Brown, K. A. & Campenni, C. E. (1996). Color richness and visual memory in preschool children. Presented at the 67th Annual EPA Conference.

Bubka, A., Campenni, C. E., & Manente, M. M. (1998). The role of emotion in flashbulb memory. Presented at the 1998 Eastern Psychological Association Conference.

Campenni, C. E. (1993). Perceptual organization of music: The role of rhythm and contour. Presented at the 64th Annual EPA Conference.

Campenni, C. E. (1998). Gender stereotyping of children's toys: A comparison of parents and nonparents. Presented at the 1998 Eastern Psychological Association Conference.

Campenni, C. E. (2009). The complex role of the research mentor: Becoming aware of the challenges? Presented at the Globalization, Shared Governance, and Academic Freedom. An International Conference sponsored by AAUP.

Campenni, C. E., & Cooper, J. (1997). The manipulation of quiz scores through the application of background music. Presented at the 1997 Eastern Psychological Association Conference.

Campenni, C. E., Crawley, E., & Andrews, T. (2003). Effects of semantic priming on automatic gender stereotyping of pictures. Presented at 2003 Eastern Psychological Conference.

Campenni, C. E. & Lemoncelli, J. (1996). Personal and academic factors related to stress among attached and unattached students. Presented at the 67th Annual EPA Conference.

Campenni, C. E., Longbothum, D., Sheypuck, D., Upritchard, A., & Workman, K. (1999). The impact of the AIDS Quilt on AIDS awareness, fear of AIDS, and homophobia. Presented at the 70th Annual EPA Conference.

Campenni, C. E. & Petry-Martin, S. J. (1984). The nature of the stimulus in experiments in music perception: Three studies. Presented at the Third Annual Spring Meeting of the International Society for Ecological Psychology, Hartford: Trinity College.

Crawley, E. J., Campenni, C. E., & Fox, P. (2002). Automatic gender stereotyping independent of language. Presented at the 73rd Annual EPA Conference.

DeMatteo, F. J., Arter, P., Campenni, E., & Brown, T. (April 2014). *Cooperative teacher and university supervisor ratings: Comparing teacher candidates' knowledge, skills and professional dispositions*. The American Educational Research Association 2014 Annual Conference. Philadelphia, PA.

DeMatteo, F. J., Arter, P. S., Campenni, E. & Brown, T. H. (April 2015). *Supervisor ratings: Comparing teacher candidates' knowledge, skills, and dispositions related to exceptional learners*. Council for Exceptional Children Annual 2015 National Conference: San Diego, California.

DeSantis, E. M. & Campenni, C. E. (1996). Differences between perpetrators and non-perpetrators of high school dating violence. Presented at the 67th Annual EPA Conference.

MacNee-Joyce, M. & Campenni, C. E. (1996). Effects of imagery training on memory for depressed populations. Presented at the 67th Annual EPA Conference.

Marcin, T. & Campenni, C. E. (1996). The effect of perceived lack of control on perceived anxiety. Presented at the 67th Annual EPA Conference.

Nagy, N. & Campenni, C. E. (1996). A survey of sustained silent reading practices in 7th grade classrooms. Presented at the New Jersey Reading Association Spring Conference.

Nagy, N., & Campenni, C. E. (2000). A survey of sustained silent reading practices with seventh-grade students. *Reading On-Line*, <http://www.readingonline.org/articles/nagy/>

Oehler, K., & Campenni, C.E. (1999). Romantic jealousy in marriage: An attachment perspective. Presented at the 70th Annual EPA Conference.

Russo, A., Campenni, C., & Elfering, C. (1996). Teaching styles in inclusive settings as influenced by past educational experiences. Presented at the 1996 Council of Exceptional Children Conference.

Stinnard, S. & Campenni, C. (1997). Social perceptions of noncustodial divorced fathers. Presented at 1997 Eastern Psychological Association Conference.